



Bouldering

This document explains how to run a self-led ACTIVITY session at Woodhouse Park Activity Centre. It is important to read and understand all of the information before starting your session.



Supervision and Leadership

Please note is a self-led session – as the Leader in charge you are responsible for the supervision of your group, including ensuring the safety of all participants. You should complete a risk assessment for your activity.

Guidelines

Please read the following guidelines for use during your session:

- Woodhouse Park may curtail the session at any time if it is deemed unsafe or equipment is being misused.
- Ensure the equipment is suitable for your needs, and you understand how to operate it correctly.
- Participants should be supervised in line with your risk assessments.
- Please use the equipment in an appropriate area.
- Suggested group size for this activity is 12 or per your risk assessments.
- For further assistance please contact a member of our team.
- Please report any damage to the equipment via QR code.

Help and Assistance

- If you have any questions about these guidelines, please ask a member of staff before commencing the activity.
- During the activity should you need assistance at any time during your session please seek assistance via duty phone number
- Please take care and enjoy the adventure.

Equipment Provided

- 14 Helmets

Session rules

- Helmets must be used in the fenced area
- ALL participants need to have a spotter to reduce the risk of falls.
- Descend by stepping down.
- Do not overcrowd the area and be aware of other user's safety.
- Never climb directly above or below another climber.
- Never attempt to climb over the top of the bouldering area.
- When observing or resting do not sit or lie on the ground below the bouldering
- Hair Tied Back
- Jewellery removed



Duty Mobile 07341219782

