



Hike Route

This document explains how to use the Hike Route activity in a box at Woodhouse Park, it is important to read and understand all of the information before starting your session.

Supervision and Leadership



Please note that Activities in a box are self-led sessions – as the Leader in charge you are responsible for the supervision of your group, including ensuring the safety of all participants. You should complete a risk assessment for your activity.

Guidelines

Please read the following guidelines for use during your session.

- Woodhouse Park may curtail the session at any time if it is deemed unsafe or equipment is being misused.
- Please ensure the equipment is suitable for your needs, and you understand how to operate it correctly.
- Participants should be supervised in line with your risk assessments.
- Please use the equipment in an appropriate area.
- Suggested group size for this activity is 24 or per your risk assessments.
- For further assistance please contact duty mobile 07341219782.
- Please report any damage to the equipment.

How to for Hike Route

1. Before you leave

We recommend someone knows your route plan (including a contact number for each group)

2. Whilst out ensure everyone has

- Strong walking shoes/ boots
- Appropriate clothing for the weather conditions
- Water and snacks

3. On your return please return the kit to the store and report any issues.

Help and Assistance

During the activity should you need assistance at any time during your session please ring the duty phone 07341219782.

Please take care and enjoy the adventure.

Equipment included in the kit

- Blank Route Cards
- Blank Laminated Maps
- 4x OS Maps
- Laminated Routes & Route Cards
- 1x Small Rucksack
- 4x Compass
- 2x Whistle
- 5x Map case
- 4x Hi Vis vests